

March 2026

Apple Grove

For any questions or inquires please contact Harriet at 519-421-5556 ext. 2068.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 9:45am A Peaceful Escape - TWC 10:30am Catholic Communion - TWC 2:00pm Emanuel Reformed Church Service-TWC	2 8-4 Cafe Open 2-4pm 9:15am A Peaceful Escape 9:30am Exercise Class 10:00am Baking Pet Treats RR 2:00pm Old Tyme Music - GPA	3 Cafe Open 2-4pm 9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 9:30am Meditation 10:00am Decorate for St Patrick's Day 1:30pm Pet Visits 2:00pm Engagment Stations 2:00pm Baking with Purpose - RR 3:00pm Reading Group	4 Cafe Open 2-4pm 9:30am Exercise Class (Rec) 10:00am Alzheimer Coffee Break 10-11:30am Front Lobby 1:45pm Bowling-Apple DR 2:00pm Choir Practice - TWC 3:30pm 1:1 Social Visits 6:00pm Baking Pet Treats- RR 6:00pm The Gee Gee's - GPA	5 Cafe Open 10-11:30am & 2pm-4pm 9:30am Physio Exercises -TWC 10:00am The Price is Right 1:30pm Pet Visits 1:45pm Aftenoon Social with Munchies 6:00pm Baking Pet Treats - Rec Room 6:00pm Virtual Quiz	6 Cafe Open 10:00-11:30am 9:30am Physio Exercises -TWC 10:15am Bean Bag Toss 10:30am Food Committee & Resident's Council 11:00am 1:1 Emotional Visit 1:30pm Engagment Stations 2:15pm Education Session	7 Cafe Open 9:30-11:30am 9:30am Chair Yoga - TWC 10:30am Bingo 2:00pm Sing-A-Long-GPA	
8 9:15am 1:1 Spirituall Visits 10:15am Hymn Sing - TWC 2:00pm Spiritual Service with Ludwing	9 Cafe Open 2-4pm 1:15pm Exercise Class (Rec) 2:00pm Travelogue with Paul-TWC 3:15pm 1:1 Social Visit 6:00pm Small Group Reading	10 Cafe Open 2-4pm 9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 1:30pm Pet Visits 2:00pm Baking with Purpose - RR 2:00pm Piano Tunes at the Café 2:15pm Puzzles at the Cafe 6:00pm Relaxing Short Stories	11 Cafe Open 2-4pm 10:30am Men's Group:Sports Trivia 1:15pm Exercise Class (Rec) 2:00pm Choir Practice - TWC 2:00pm Java Music Group 3:00pm 1:1 Social Visit 6:00pm Super Quiz	12 Cafe Open 10-11:30am & 2pm-4pm 9:30am Physio Exercises -TWC 1:30pm Pet Visits 2:00pm Parachute Fun 3:00pm Catholic Mass - TWC 6:00pm Hymn Sing- TWC 6:30pm Bible Study-TWC	13 Cafe Open 10:00-11:30am 9:30am Physio Exercises -TWC 2:00pm Bingo 2:00pm Alzheimer Coffee Break 2-3:30 Front Lobby 3:00pm Games Time! 5:45pm Movie Night	14 Cafe Open 9:30-11:30am 9:30am Café Visit 10:30am Engagment Stations 1:30pm Scavenger Hunt: Search for the Leprechaun 2:00pm Travelogue with Esther - TWC 3:00pm Guess that TV Tune	
15 9:45am A Peaceful Escape - TWC 10:30am Catholic Communion - TWC 2:00pm Grace Presbyterian Church-TWC	16 8-4 Cafe Open 2-4pm 9:15am A Peaceful Escape 9:30am Exercise Class 10:30am Bowling 2:00pm Old Tyme Music - GPA	17 Cafe Open 2-4pm 9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 9:30am Meditation 1:30pm Pet Visits 2:00pm Baking with Purpose - RR 2:00pm St. Patrick's Day Shenanigans - GPA	18 Cafe Open 2-4pm 9:30am Exercise Class (Rec) 2:00pm Choir Practice - TWC 6:00pm Java Time - Rec. Room	19 Cafe Open 10-11:30am & 2pm-4pm 9:30am Physio Exercises -TWC 10:00am Scrabble 1:30pm Pet Visits 2:00pm Outing to Tim's	20 Cafe Open 10:00-11:30am First Day of Spring 9:30am Physio Exercises -TWC 2:00pm Dutch Club - Orchard AR	21 Cafe Open 9:30-11:30am 9:30am Chair Yoga - TWC 10:00am Bingo 1:45pm Lucky Charm Craft 2:00pm World Poetry Day - Share Your Poems With Your Peers	
22 9:15am 1:1 Spirituall Visits 10:15am Hymn Sing - TWC 2:00pm St. Davids United Church Service - TWC	23 Cafe Open 2-4pm 1:15pm Exercise Class (Rec) 2:00pm Whole Home Bingo - GPA 3:30pm Pampered Hand Visits 6:00pm Music Entertainment	24 Cafe Open 2-4pm 9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 1:30pm Pet Visits 1:45pm Manicures 2:00pm Baking with Purpose - RR 2:00pm Piano Tunes at the Café 6:00pm Late Night Riddles	25 Cafe Open 2-4pm 10:00am YFM Farmer's Market - Front Lounge 10-2pm 10:30am Wellness Group - Cafe 10:30am Men's Card Game - RR 1:15pm Exercise Class (Rec) 2:00pm Choir Practice - TWC 2:00pm Word In A Word Game	26 Cafe Open 10-11:30am & 2pm-4pm 9:30am Physio Exercises -TWC 1:30pm Pet Visits 2:00pm Java Time 2:00pm Young One's Club - Rec Room 6:00pm Hymn Sing- TWC 6:30pm Bible Study-TWC	27 Cafe Open 10:00-11:30am Wear Blue Jays Gear Today! 9:30am Physio Exercises -TWC 10:00am WFL Baseball Game-GPA 2:00pm Choralaires- GPA 6:00pm Movies and Popcorn	28 Cafe Open 9:30-11:30am 10:00am Family Jeopardy - GPA	
29 9:45am A Peaceful Escape - TWC 10:30am Catholic Communion - TWC 2:00pm CornerStone Baptist Church	30 8-4 Cafe Open 2-4pm 9:15am A Peaceful Escape 9:30am Exercise Class 10:15am Trivia 2:00pm Old Tyme Music - GPA	31 Cafe Open 2-4pm 9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 9:30am Meditation 1:30pm Pet Visits 2:00pm Baking with Purpose - RR 2:00pm Piano Tunes at the Café					