

February 2026

Apple Grove

For any questions or inquires please contact Harriet at 519-421-5556 ext. 2068.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45am A Peaceful Escape - TWC 11:00am Catholic Communion - TWC 2:00pm Emanuel Reformed Church Service-TWC	2 8-4 Groundhog Day 9:15am A Peaceful Escape 9:30am Exercise Class 10:30am All About Groundhogs 11:00am Game: The Groundhog Ate My Garden 2:00pm Old Tyme Music - GPA	3 9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 9:30am Meditation 10:00am Olympic Flag Making 1:30pm Therapeutic Recreation Month Stations 1:30pm Pet Visits	4 9:30am Exercise Class (Rec) 10:30am Alzheimer's Coffee Break 10:30 -11:30 Front Lobby 10:30am Food Committee & Resident's Council - TWC 6:00pm Java Time - Rec. Room	5 Cafe Open 10-11:30am & 2pm-4pm 9:30am Physio Exercises -TWC 10:30am Group Scrabble 1:30pm Pet Visits 2:00pm Prepping for the Olympics (Craft) - Recreation Room 5:00pm Young Ones Club - Pizza Dinner	6 Cafe Open 10:00-11:30am Olympic Opening Ceremonies: Wear Red and White for Canada! 9:30am Physio Exercises -TWC 2:00pm Virtual Quiz - Chapel	7 Cafe Open 9:30-11:30am 9:30am Chair Yoga - TWC 10:30am Bingo - TWC 2:00pm Olympic Opening Ceremony Celebration!
8 Superbowl Sunday: Wear Your Favourite Sports Jersey! 10:30am Spiritual Service with Carol 2:00pm Superbowl Party!	9 1:15pm Exercise Class (Rec) 2:00pm Travelogue- with Paul-TWC 4:30pm National Pizza Day: Order in Meal (Sign up with Rec) 6:00pm Music with Mike-TWC	10 9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 1:30pm Pet Visits 2:00pm Baking with Purpose - Rec Room 2:00pm Giant Crossword 2:00pm Piano Tunes at the Café 5:45pm Videos From Around the World - New Mexico 7:00pm 1:1 Social Visits	11 10:30am Men's Group - Wayne Gretzky - Rec. Rm. 1:15pm Exercise Class (Rec) 2:00pm Choir Practice - TWC 2:30pm Java Memory Group - Peach AR 6:00pm Olympic Hockey: Apple vs. Peach - GPA	12 Cafe Open 10-11:30am & 2pm-4pm 9:30am Physio Exercises -TWC 10:30am Short Stories 1:30pm Pet Visits 2:00pm Young Ones Club - Rec. Room 2:00pm Name that Person - Olympic Trivia - AR 3:00pm Catholic Mass - TWC 6:00pm Hymn Sing- TWC 6:30pm Bible Study-TWC	13 Cafe Open 10:00-11:30am 9:30am Physio Exercises -TWC 12:30pm Valentines Couple's Cupid Lunch (by invitation) 3:00pm Music Entertainment with Dave Bellaire - TWC 3:30pm 1:1 visits 6:00pm Bingo - TWC	14 Happy Valentine's Day Cafe Open 9:30-11:30am 8:30am Daily Chronicles 10:00am A Valentines Performance with the Irvine Family Quartet - GPA 10:15am Trivia Time- TWC 2:00pm Crafter's Corner: Heart Art 3:00pm Sweetheart Treat Cart
15 9:45am A Peaceful Escape - TWC 11:00am Catholic Communion - TWC 2:00pm Grace Presbyterian Church-TWC	16 8-4 9:15am A Peaceful Escape 9:30am Exercise Class 10:00am Family Day Bingo 2:00pm Old Tyme Music - GPA	17 9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 9:30am Meditation 10:30am Horticulture Therapy - TWC 1:30pm Pet Visits 2:00pm Baking with Purpose - Rec Room 2:00pm Scrabble - Peach DR 2:00pm Mardi Gras Social at the Cafe	18 9:30am Exercise Class (Rec) 10:00am Outing to Tim Horton's (Sign up with Rec) 2:00pm Choir Practice - TWC 6:00pm Java Time - Rec. Room	19 Cafe Open 10-11:30am & 2pm-4pm 9:30am Physio Exercises -TWC 10:00am Memory Café 1:30pm Pet Visits 2:30pm Olympic Curling: Apple vs. Peach - Peach DR	20 Cafe Open 10:00-11:30am Olympic WDFL Closing Ceremonies: Wear Red and White for Canada! 9:30am Physio Exercises -TWC 2:00pm Olympics Closing Ceremony	21 Cafe Open 9:30-11:30am 10:00am Baking Lemon Tea Biscuits 2:00pm Super Quiz- GPA
22 9:15am Peaceful Escape 10:30am Bible Jeopardy 2:00pm Cornerstone Baptist Church 3:00pm Begins With....Word Game	23 12:15pm Lunchtime Chats 2:00pm Let's Bake 2:00pm Java Memory Group - TWC 6:00pm Short Stories	24 9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 1:30pm Pet Visits 2:00pm Baking with Purpose - Rec Room 2:00pm Piano Tunes at the Café 3:00pm Febuary Jeopardy Trivia 6:00pm Spiritual Activity - To Be a Good Neighbour	25 10:30am Men's Group - Ice Fishing - Rec. Rm. 1:15pm Exercise Class (Rec) 2:00pm Choir Practice - TWC 2:00pm Who am I? 3:00pm Dutch Club - OL AR 6:00pm Olympic Torch Relay	26 Cafe Open 10-11:30am & 2pm-4pm 9:30am Physio Exercises -TWC 10:00am Chilli Cook-off Preparations 1:30pm Pet Visits 2:00pm Around the World 6:00pm Hymn Sing- TWC 6:30pm Bible Study-TWC	27 Cafe Open 10:00-11:30am 2:00pm Horticulture Therapy with Kathy - Accessibility Garden Flowers Slideshow - TWC 3:30pm 1:1 visits 6:00pm Travelogue: The Great Lakes	28 Cafe Open 9:30-11:30am 10:00am Coldest "Night" Of the Year: Woodingford Walk 1:45pm Travelogue with Esther to British Columbia - TWC