
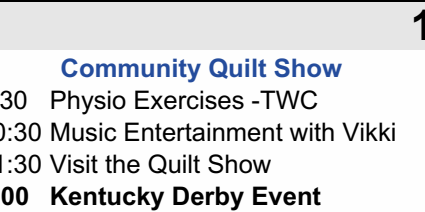




# May 2026

## Apple Grove

For any questions or inquires please contact Harriet at 519-421-5556 ext. 2068.

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday  |
|---|---|---|---|--|--|---|
|    |    |   |    |   |   |    |
| <b>3</b>  | <b>4</b>  | <b>5</b>  | <b>6</b>  | <b>7</b>   | <b>8</b>   | <b>9</b>  |
| 9:30 Snoezelen/Sensory<br><b>10:15 Hymn Sing - TWC</b><br>2:00 Emanuel Reformed Church Service-TWC<br>9:30 Snoezelen/Sensory            | <b>Cafe Open 2-4pm</b><br><b>10:00 Ladies Choir - GPA</b><br><b>10:30 Hymn Sing with Rev. Ted Winters- TWC</b><br><b>1:45 Whole Home Bingo-GPA</b><br>3:15 1:1 Social Visit<br>6:00 Group Reading                             | <b>Cinco De Mayo Cafe Open 2-4pm</b><br><b>9:15 Coffee Corner - R.R.</b><br><b>9:15 Wisdom and Whimsy - GPA</b><br>9:30 Physio Exercises -TWC<br>1:30 Pet Visits<br>2:00 Tacos for Cinco de Mayo - Cafe<br>6:00 Go With The Flow                        | <b>Cafe Open 2-4pm</b><br><b>9:30 Baking with Purpose - RR</b><br><b>10:30 Food Committee &amp; Resident's Council - TWC</b><br><b>12:15 McHappy Day - GPA</b><br><b>1:15 Exercise Class (Rec)</b><br>6:00 News & Views   | <b>Cafe Open 10-11:30am &amp; 2pm-4pm</b><br>9:30 Physio Exercises -TWC<br>6:00 Hymn Sing- TWC<br>6:30 Bible Study-TWC   | <b>Cafe Open 10:00-11:30am</b><br>9:30 Physio Exercises -TWC<br>1:45 Trivia - Woodstock<br><b>2:00 Alzheimers Coffee Break 2-3:30</b><br>6:00 Music Entertainment-with Jim Cocchetto | <b>Cafe Open 9:30-11:30am</b><br>9:30 Exercise Class (Rec)<br>10:00 Manicures<br><b>2:00 Jopardy Showdown</b>   |
| <b>10</b>   | <b>11</b>   | <b>12</b>   | <b>13</b>   | <b>14</b>  | <b>15</b>  | <b>16</b>   |
| <b>Mother's Day</b><br><b>9:30 Mothers Day Social - TWC</b><br>10:30 Catholic Communion - TWC<br>2:00 Spiritual Service with Ludwig-TWC | 8-4<br><b>Caregiver Week May 11-15th</b><br><b>Cafe Open 2-4pm</b><br>9:15 A Peaceful Escape<br>9:30 Exercise Class<br>10:15 Travelogue with Paul<br><b>2:00 Old Tyme Music - GPA</b><br><b>6:00 Spring Paint Night - GPA</b> | <b>Cafe Open 2-4pm</b><br><b>9:15 Coffee Corner - R.R.</b><br><b>9:15 Wisdom and Whimsy - GPA</b><br>9:30 Physio Exercises -TWC<br><b>2:00 Piano Tunes at the Café</b>  | <b>Cafe Open 2-4pm</b><br><b>9:30 Baking with Purpose - RR</b><br><b>9:30 Exercise Class (Rec)</b><br><b>10:00 Alzheimers Coffee Break 10-11:30</b><br>1:45 Bingo<br><b>2:00 Choir Practice - TWC</b><br><b>2:00 Grief Support Group with Nicole - Rec Room</b><br>3:00 Time With You | <b>Cafe Open 10-11:30am &amp; 2pm-4pm</b><br>9:30 Physio Exercises -TWC<br>10:15 Café Visits<br><b>12:30 Young Ones Club Spaghetti Lunch - Front Lobby</b><br>1:45 Scrabble<br><b>2:30 Woodworking - Rec Rm.</b><br>3:00 Catholic Mass - TWC                                     | <b>Cafe Open 10:00-11:30am</b><br>9:30 Physio Exercises -TWC<br>3:15 Wellness Group - RR<br><b>6:00 Virtual Quiz</b>   | <b>Cafe Open 9:30-11:30am</b><br><b>10:00 Music with Mike Martineau - GPA</b>   |
| <b>17</b>   | <b>18</b>   | <b>19</b>   | <b>20</b>   | <b>21</b>  | <b>22</b>  | <b>23</b>   |
| 10:00 Hymn Sing<br>11:00 Sense-ational Garden Poems<br>2:00 Grace Presbyterian Church-TWC<br>2:45 Courtyard Visits                      | <b>Victoria Day</b><br><b>Cafe Open 2-4pm</b><br><b>10:00 Victoria Day Tea Party</b><br><b>1:45 Whole Home Bingo-GPA</b><br>3:15 1:1 Sensory Visit<br>6:00 Reading  | <b>Cafe Open 2-4pm</b><br><b>9:15 Coffee Corner - R.R.</b><br><b>9:15 Wisdom and Whimsy - GPA</b><br>9:30 Physio Exercises -TWC<br>1:30 Balance Class<br><b>2:00 Piano Tunes at the Café</b><br><b>2:00 Men's Group - R.R.</b><br>6:15 Late Night Cards | <b>Cafe Open 2-4pm</b><br><b>9:30 Baking with Purpose - RR</b><br><b>1:15 Exercise Class (Rec)</b><br><b>2:00 Choir Practice - TWC</b><br>2:45 Pampered Hand Visits<br>6:00 Ez Does it May Trivia   | <b>Cafe Open 10-11:30am &amp; 2pm-4pm</b><br><b>World Tea Day</b><br>9:30 Physio Exercises -TWC<br>12:30 Musical Lunch - 1:1<br>2:00 Mad Hatter's Tea Party<br>3:00 Brain Teasers<br><b>6:00 Gardens &amp; Gloves - Rec. Room</b><br>6:00 Hymn Sing- TWC<br>6:30 Bible Study-TWC | <b>Cafe Open 10:00-11:30am</b><br>9:30 Physio Exercises -TWC<br>1:30 Helping Hands<br>3:00 Recline & Unwind<br>6:15 Jumbo Scrabble - TWC<br>7:00 Therapeutic Hand Massage            | <b>Cafe Open 9:30-11:30am</b><br><b>2:00 Travelogue to Guatemala - TWC</b>  |
| <b>24</b>   | <b>25</b>   | <b>26</b>   | <b>27</b>   | <b>28</b>  | <b>29</b>  | <b>30</b>   |
| 10:30 Catholic Communion - TWC<br>2:00 Salvation Army - GPA   | 8-4<br><b>Cafe Open 2-4pm</b><br>9:15 A Peaceful Escape<br>9:30 Exercise Class<br>10:30 Creative Colouring<br><b>2:00 Old Tyme Music - GPA</b><br>3:00 1:1 Strolls  | <b>Cafe Open 2-4pm</b><br><b>9:15 Coffee Corner - R.R.</b><br><b>9:15 Wisdom and Whimsy - GPA</b><br>9:30 Physio Exercises -TWC<br>12:30 Musical Lunch<br>1:30 Balance Class<br><b>2:00 Piano Tunes at the Café</b>                                     | <b>Cafe Open 2-4pm</b><br><b>9:30 Baking with Purpose - RR</b><br><b>9:30 Exercise Class (Rec)</b><br><b>10:00 YFM Market Day 10am - 3pm - Front Lounge</b><br><b>1:30 Woodingford Alzheimer's Walk w Kim Atkins</b>  | <b>Cafe Open 10-11:30am &amp; 2pm-4pm</b><br>9:30 Just You & Me<br>9:30 Physio Exercises -TWC<br>10:15 Word In A Word<br><b>1:30 2 Hands Clay ( sign up )</b><br><b>2:00 Parkinson's Group</b><br><b>3:00 Dutch Club - Orchard AR</b><br><b>6:00 Deb on the Piano - TWC</b>      | <b>Cafe Open 10:00-11:30am</b><br>9:30 Physio Exercises -TWC<br>10:15 Walks Outside<br>1:45 Bingo<br><b>3:00 Seated Latin Dance Class</b>  | <b>Cafe Open 9:30-11:30am</b><br>1:45 Bean Bag Toss<br><b>2:00 Gardens, Giggles &amp; The Worlds Largest Frying Pan Play - (by the Peach Place Residents) - GPA</b><br>3:00 Sing-A-Long Songs |
| <b>31</b>   |    |   |    |   |   |    |
| 9:15 Snoezelen Room<br><b>10:15 Hymn Sing - TWC</b><br><b>2:00 St Davids United- TWC</b>  | <b>WALK FOR ALZHEIMER'S</b><br>Alzheimer Society<br><b>Saturday</b>   |   |   |  |  |   |



AR - Activity Room (Neighbourhood), TWC - Worship Centre, DR - Dining Room, RR - Recreation Room - Upper level, GPA - General Purpose Area 1st floor