

February 2026

ORCHARD LANE

For any questions or inquires please contact Jen B at 519-421-5556 ext. 2067.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
9:25am 1:1 Spiritual Visit 9:45am A Peaceful Escape - TWC 10:00am Sunday Social at the Cafe 11:00am Catholic Communion - TWC 2:00pm Emanuel Reformed Church Service-TWC 3:15pm 1:1 Nordic Chair - AR	Groundhog Day 9:30am A Peaceful Escape - AR 9:45am Get Moving on Mondays - TV Lounge 10:15am Manicures - AR 2:00pm Activity Kits - TV Lounge 2:00pm Old Tyme Music - GPA 3:15pm 1:1 Fun Facts	9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 12:15pm Daily Chronicles - DR 12:30pm Musical Lunch - AR 1:30pm Therapeutic Recreation Month Stations 1:30pm Pet Visits 2:00pm Café Visit 3:30pm Fun with Dice - AR 6:00pm Old Country Music with Dick - TWC	9:30am Exercise Class (Rec) 10:30am Alzheimer's Coffee Break 10:30 - 11:30 Front Lobby 10:30am Food Committee & Resident's Council - TWC 1:15pm Walking on Wednesdays 1:30pm A Peaceful Escape - AR 6:00pm Bingo - DR 6:00pm Java Time - Rec. Room	Cafe Open 10-11:30am & 2pm-4pm 9:30am Physio Exercises -TWC 12:15pm Daily Chronicles - DR 1:30pm Pet Visits 2:00pm Prepping for the Olympics (Craft) - Recreation Room 3:15pm Residents' Monthly Meeting - TV Lounge 5:00pm Young Ones Club - Pizza Dinner 6:00pm Music - Deb on the Piano - TWC	Cafe Open 10:00-11:30am Olympic Opening Ceremonies: Wear Red and White for Canada! 9:30am Physio Exercises -TWC 12:30pm Lunch Down Memory Lane 2:00pm Virtual Quiz - Chapel 3:30pm 1:1 Sparkling Specs	2:00pm Olympic Opening Ceremony Celebration!
8	9	10	11	12	13	14
Superbowl Sunday: Wear Your Favourite Sports Jersey! 10:30am Spiritual Service with Carol 2:00pm Superbowl Party!	9:00am Family Connections 9:15am Orchard's Helpful Tasks - DR 9:30am Chair Yoga - AR 10:30am Drum Fit - TWC 1:45pm Music with Rick Frook - DR 3:00pm 1:1 Writing Valentines - AR	9:15am 1:1 Daily Bread Readings 9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 10:00am Stitching & Smiling- AR 12:30pm Musical Lunch - AR 1:30pm Pet Visits 2:00pm Baking with Purpose - Rec Room 2:00pm Piano Tunes at the Café 3:00pm Reading Group - AR	8:15am Daily Chronicles - DR 9:00am Family Connections 9:15am Orchard's Helpful Tasks - DR 10:30am Olympic Hockey - Orchard vs. Pine - GPA 10:30am Men's Group - Wayne Gretzky - Rec. Rm. 1:45pm Bingo - DR 2:00pm Choir Practice - TWC 3:15pm Travelogue - TV Lounge	Cafe Open 10-11:30am & 2pm-4pm 9:15am 1:1 Walkabouts 9:30am Physio Exercises -TWC 10:00am Remembering Valentines Day - TV Lounge 10:30am Love is in the Air Trivia - TV Lounge 1:30pm Pet Visits 2:00pm Young Ones Club - Rec. Room 2:00pm Name that Person - Olympic Trivia - AR 3:00pm Catholic Mass - TWC	Cafe Open 10:00-11:30am 8:15am Daily Chronicles - DR 9:00am Family Connections 9:15am A Peaceful Escape - AR 9:30am Physio Exercises -TWC 10:00am Love Songs Sing-A-Long - TV Lounge 10:30am Wellness Group - Chapel 12:30pm Valentines Couple's Cupid Lunch (by invitation) 2:30pm Be Fit & Factual - Valentines Edition - TV Lounge	Happy Valentine's Day 10:00am A Valentines Performance with the Irvine Family Quartet - GPA 1:30pm Bean Bag Toss - DR 2:00pm Java Time - AR 3:00pm Activity Kits - TV Lounge
15	16	17	18	19	20	21
9:25am 1:1 Spiritual Visit 9:45am A Peaceful Escape - TWC 11:00am Catholic Communion - TWC 2:00pm Grace Presbyterian Church- TWC 3:15pm 1:1 Nordic Chair - AR	10:00am Family Day Bingo 2:00pm Old Tyme Music - GPA	9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 12:30pm Fritzie's Tubesteak Tuesday - Rec Room 1:30pm Pet Visits 2:00pm Baking with Purpose - Rec Room 2:00pm Café Visit 3:30pm Fun with Dice - AR 6:00pm Olympic Curling: Orchard vs. Pine - GPA	9:30am Exercise Class (Rec) 1:15pm Walking on Wednesdays 2:00pm Choir Practice - TWC 3:15pm Bingo - DR 6:00pm Java Time - Rec. Room 6:00pm Cozy Comfort Cart	Cafe Open 10-11:30am & 2pm-4pm 9:30am Physio Exercises -TWC 12:15pm Daily Chronicles - DR 1:30pm Pet Visits 1:45pm Music - Vikki on the Accordion - DR 2:00pm Ice Cream Cart Visits 3:30pm 1:1 - Music and Memory	Cafe Open 10:00-11:30am Olympic WDFL Closing Ceremonies: Wear Red and White for Canada! 9:30am Physio Exercises -TWC 12:30pm Lunch Down Memory Lane 1:30pm What's in the Cupboard - Rec Room 2:00pm Olympics Closing Ceremony 6:00pm Euchre - AR	2:00pm Super Quiz- GPA
22	23	24	25	26	27	28
9:30am Spiritual Sensations 10:30am Helping Hands 2:00pm Cornerstone Baptist Church 3:00pm Try Some Trivia	9:00am Family Connections 9:15am Orchard's Helpful Tasks - DR 9:30am Chair Yoga - AR 10:30am Drum Fit - TWC 1:30pm Outing - Tim Horton's - TBD	9:15am 1:1 Daily Bread Readings 9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 10:00am Stitching & Smiling- AR 12:30pm Musical Lunch - AR 1:30pm Pet Visits 2:00pm Baking with Purpose - Rec Room 2:00pm Café Visit 2:00pm Piano Tunes at the Café 3:00pm Reading Group - AR	8:15am Daily Chronicles - DR 9:00am Family Connections 9:15am Orchard's Helpful Tasks - DR 10:30am Scrabble - DR 10:30am Men's Group - Ice Fishing - Rec. Rm. 1:45pm Bingo - DR 2:00pm Choir Practice - TWC 3:00pm Dutch Club - OL AR	Cafe Open 10-11:30am & 2pm-4pm 9:15am 1:1 Walkabouts 9:30am Physio Exercises -TWC 10:00am Chilli Cook-off Preparations 10:00am Remembering a day at the Hairdressers - TV Lounge 10:30am Be Fit & Factual - Winter Edition - TV Lounge 1:30pm Pet Visits 1:45pm Music with Carol Cunningham - DR	Cafe Open 10:00-11:30am 8:15am Daily Chronicles - DR 9:00am Family Connections 9:15am A Peaceful Escape - AR 9:30am Physio Exercises -TWC 10:30am Time for Trivia - TV Lounge 12:30pm Homemade Lunch - Group #2 - Rec Room 2:00pm Horticulture Therapy with Kathy - Accessibility Garden Flowers Slideshow - TWC	9:15am Balloon Bash - DR 10:15am Java Time - AR 1:30pm A Peaceful Escape - AR 1:45pm Travelogue with Esther to British Columbia - TWC 3:00pm Horticulture Therapy 1:1

Acti - Activity Room (neighbourhood)
TWC - Worship Centre
DR - Dining Room
RR - Recreation Room - Upper level
GPA - General Purpose Area
LOBB - Main Lobby