

# February 2026

## ORCHARD LANE

For any questions or inquires please contact Jen B at 519-421-5556 ext. 2067.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:25am 1:1 Spiritual Visit 9:45am A Peaceful Escape - TWC 10:00am Sunday Social at the Cafe 11:00am Catholic Communion - TWC 2:00pm Emanuel Reformed Church Service-TWC 3:15pm 1:1 Nordic Chair - AR	2 <b>Groundhog Day</b> 9:30am A Peaceful Escape - AR 9:45am Get Moving on Mondays - TV Lounge 10:15am Manicures - AR 2:00pm Activity Kits - TV Lounge <b>2:00pm Old Tyme Music - GPA</b> 3:15pm 1:1 Fun Facts	3 <b>9:15am Wisdom and Whimsy - GPA</b> 9:30am Physio Exercises -TWC 12:15pm Daily Chronicles - DR 12:30pm Musical Lunch - AR <b>1:30pm Therapeutic Recreation Month Stations</b> 1:30pm Pet Visits 2:00pm Café Visit 3:30pm Fun with Dice - AR <b>6:00pm Old Country Music with Dick - TWC</b>	4 <b>9:30am Exercise Class (Rec)</b> <b>10:30am Alzheimer's Coffee Break</b> <b>10:30am Food Committee &amp; Resident's Council - TWC</b> 1:15pm Walking on Wednesdays 1:30pm A Peaceful Escape - AR <b>6:00pm Bingo - DR</b> <b>6:00pm Java Time - Rec. Room</b>	5 <b>Cafe Open 10-11:30am &amp; 2pm-4pm</b> 9:30am Physio Exercises -TWC 12:15pm Daily Chronicles - DR 1:30pm Pet Visits <b>2:00pm Prepping for the Olympics (Craft) - Recreation Room</b> 3:15pm Residents' Monthly Meeting - TV Lounge 5:00pm Young Ones Club - Pizza Dinner <b>6:00pm Music - Deb on the Piano - TWC</b>	6 <b>Cafe Open 10:00-11:30am</b> <b>Olympic Opening Ceremonies: Wear Red and White for Canada!</b> 9:30am Physio Exercises -TWC 12:30pm Lunch Down Memory Lane 2:00pm Virtual Quiz - Chapel 3:30pm 1:1 Sparkling Specs	7 <b>2:00pm Olympic Opening Ceremony Celebration!</b>
8 <b>Superbowl Sunday: Wear Your Favourite Sports Jersey!</b> 10:30am Spiritual Service with Carol <b>2:00pm Superbowl Party!</b>	9 9:00am Family Connections 9:15am Orchard's Helpful Tasks - DR 9:30am Chair Yoga - AR <b>10:30am Drum Fit - TWC</b> <b>1:45pm Music with Rick Fook - DR</b> 3:00pm 1:1 Writing Valentines - AR	10 9:15am 1:1 Daily Bread Readings <b>9:15am Wisdom and Whimsy - GPA</b> 9:30am Physio Exercises -TWC 10:00am Stitching & Smiling- AR 12:30pm Musical Lunch - AR 1:30pm Pet Visits <b>2:00pm Baking with Purpose - Rec Room</b> <b>2:00pm Piano Tunes at the Café</b> 3:00pm Reading Group - AR	11 8:15am Daily Chronicles - DR 9:00am Family Connections 9:15am Orchard's Helpful Tasks - DR <b>10:30am Olympic Hockey - Orchard vs. Pine - GPA</b> <b>10:30am Men's Group - Wayne Gretzky - Rec. Rm.</b> <b>1:45pm Bingo - DR</b> <b>2:00pm Choir Practice - TWC</b> 3:15pm Travelogue - TV Lounge	12 <b>Cafe Open 10-11:30am &amp; 2pm-4pm</b> 9:15am 1:1 Walkabouts 9:30am Physio Exercises -TWC 10:00am Remembering Valentines Day - TV Lounge 10:30am Love is in the Air Trivia - TV Lounge 1:30pm Pet Visits <b>2:00pm Young Ones Club - Rec. Room</b> <b>2:00pm Name that Person - Olympic Trivia - AR</b> 3:00pm Catholic Mass - TWC	13 <b>Cafe Open 10:00-11:30am</b> 8:15am Daily Chronicles - DR 9:00am Family Connections 9:15am A Peaceful Escape - AR 9:30am Physio Exercises -TWC 10:00am Love Songs Sing-A-Long - TV Lounge 10:30am Wellness Group - Chapel <b>12:30pm Valentines Couple's Cupid Lunch (by invitation)</b> 2:30pm Be Fit & Factual - Valentines Edition - TV Lounge	14 <b>Happy Valentine's Day</b> <b>10:00am A Valentines Performance with the Irvine Family Quartet - GPA</b> 1:30pm Bean Bag Toss - DR <b>2:00pm Java Time - AR</b> 3:00pm Activity Kits - TV Lounge
15 9:25am 1:1 Spiritual Visit 9:45am A Peaceful Escape - TWC 11:00am Catholic Communion - TWC 2:00pm Grace Presbyterian Church- TWC 3:15pm 1:1 Nordic Chair - AR	16 <b>10:00am Family Day Bingo</b> <b>2:00pm Old Tyme Music - GPA</b>	17 <b>9:15am Wisdom and Whimsy - GPA</b> 9:30am Physio Exercises -TWC <b>12:30pm Fritzle's Tubesteak Tuesday - Rec Room</b> 1:30pm Pet Visits <b>2:00pm Baking with Purpose - Rec Room</b> 2:00pm Café Visit 3:30pm Fun with Dice - AR <b>6:00pm Olympic Curling: Orchard vs. Pine - GPA</b>	18 <b>9:30am Exercise Class (Rec)</b> 1:15pm Walking on Wednesdays <b>2:00pm Choir Practice - TWC</b> <b>3:15pm Bingo - DR</b> <b>6:00pm Java Time - Rec. Room</b> 6:00pm Cozy Comfort Cart	19 <b>Cafe Open 10-11:30am &amp; 2pm-4pm</b> 9:30am Physio Exercises -TWC 12:15pm Daily Chronicles - DR 1:30pm Pet Visits <b>1:45pm Music - Vikki on the Accordion - DR</b> 2:00pm Ice Cream Cart Visits 3:30pm 1:1 - Music and Memory	20 <b>Cafe Open 10:00-11:30am</b> <b>Olympic WDFL Closing Ceremonies: Wear Red and White for Canada!</b> 9:30am Physio Exercises -TWC 12:30pm Lunch Down Memory Lane 1:30pm What's in the Cupboard - Rec Room <b>2:00pm Olympics Closing Ceremony</b> 6:00pm Euchre - AR	21 <b>2:00pm Super Quiz- GPA</b>
22 9:30am Spiritual Sensations 10:30am Helping Hands 2:00pm Cornerstone Baptist Church 3:00pm Try Some Trivia	23 9:00am Family Connections 9:15am Orchard's Helpful Tasks - DR 9:30am Chair Yoga - AR <b>10:30am Drum Fit - TWC</b> 1:30pm Outing - Tim Horton's - TBD	24 9:15am 1:1 Daily Bread Readings <b>9:15am Wisdom and Whimsy - GPA</b> 9:30am Physio Exercises -TWC 10:00am Stitching & Smiling- AR 12:30pm Musical Lunch - AR 1:30pm Pet Visits <b>2:00pm Baking with Purpose - Rec Room</b> 2:00pm Café Visit <b>2:00pm Piano Tunes at the Café</b> 3:00pm Reading Group - AR	25 8:15am Daily Chronicles - DR 9:00am Family Connections 9:15am Orchard's Helpful Tasks - DR 10:30am Scrabble - DR <b>10:30am Men's Group - Ice Fishing - Rec. Rm.</b> <b>1:45pm Bingo - DR</b> <b>2:00pm Choir Practice - TWC</b> 3:00pm Dutch Club - OL AR	26 <b>Cafe Open 10-11:30am &amp; 2pm-4pm</b> 9:15am 1:1 Walkabouts 9:30am Physio Exercises -TWC <b>10:00am Chilli Cook-off Preparations</b> 10:00am Remembering a day at the Hairdressers - TV Lounge 10:30am Be Fit & Factual - Winter Edition - TV Lounge 1:30pm Pet Visits <b>1:45pm Music with Carol Cunningham - DR</b>	27 <b>Cafe Open 10:00-11:30am</b> 8:15am Daily Chronicles - DR 9:00am Family Connections 9:15am A Peaceful Escape - AR 9:30am Physio Exercises -TWC 10:30am Time for Trivia - TV Lounge <b>12:30pm Homemade Lunch - Group #2 - Rec Room</b> <b>2:00pm Horticulture Therapy with Kathy - Accessibility Garden Flowers Slideshow - TWC</b>	28 9:15am Balloon Bash - DR <b>10:15am Java Time - AR</b> 1:30pm A Peaceful Escape - AR <b>1:45pm Travelogue with Esther to British Columbia - TWC</b> 3:00pm Horticulture Therapy 1:1

Act - Activity Room (neighbourhood)

TWC - Worship Centre

DR - Dining Room

RR - Recreation Room - Upper level

GPA - General Purpose Area

LOBB - Main Lobby