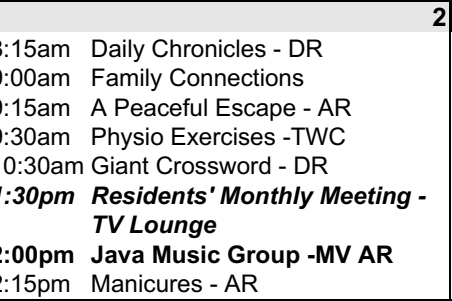


January 2026

ORCHARD LANE

For any questions or inquires please contact Jen B at 519-421-5556 ext. 2067.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
4	5	6	7	8	9	10
9:25am 1:1 Spiritual Visit 9:45am A Peaceful Escape - TWC 10:00am Sunday Social-Café 11:00am Catholic Communion - TWC 2:00pm Emanuel Reformed Church Service-TWC 3:15pm 1:1 Nordic Chair	Cafe Open 2-4pm 9:30am A Peaceful Escape - AR 9:45am Get Moving on Mondays - TV Lounge 10:15am Manicures - AR 2:00pm Old Tyme Music - GPA 3:15pm 1:1 Fun Facts	Cafe Open 2-4pm 9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 12:15pm Daily Chronicles - DR 12:30pm Musical Lunch - AR 1:30pm Pet Visits 2:00pm Café Visit 2:00pm Piano Tunes at the Café 3:30pm Fun with Dice - AR 6:00pm Time for Trivia - TV Lounge	Cafe Open 2-4pm 9:30am Exercise Class (Rec) 10:30am Alzheimer's Coffee Break 10:30-11:30 - Café 10:30am Food Committee & Resident's Council - TWC 1:15pm Bingo - DR 1:30pm A Peaceful Escape - AR 6:00pm Cozy Comfort Cart	Cafe Open 10-11:30am & 2pm-4pm 9:30am Physio Exercises -TWC 10:30am Guess The Mystery Place-TWC 12:15pm Daily Chronicles - DR 1:30pm Pet Visits 1:45pm Dutch Club - Orchard AR 3:00pm Catholic Mass - TWC 6:00pm Elvis IQ 6:30pm Evening Stories	Cafe Open 10:00-11:30am 9:30am Physio Exercises -TWC 12:30pm Lunch Down Memory Lane 1:30pm Baking - "What's in the Cupboards?" Sp. Events Rm 2:00pm Java Music Group -MV AR 3:00pm Tasty Treat Cart Visits 6:00pm Euchre - AR	2:00pm Kindness In Action: Baking with Olivia- Cafe
11	12	13	14	15	16	17
9:45am Snoezelen/Sensory 2:00pm College Ave United Church Service	Cafe Open 2-4pm 9:00am Family Connections 9:15am Orchard's Helpful Tasks - DR 9:30am Chair Yoga - AR 10:30am Drum Fit - TWC 1:45pm Music with Rick Frook - DR	Cafe Open 2-4pm 9:15am 1:1 Daily Bread Readings 9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 10:00am Stitching & Smiling- AR 10:30am Virtual Quiz 12:30pm Musical Lunch - AR 1:30pm Pet Visits 2:00pm Café Visit	Cafe Open 2-4pm New Year, New Me Photoshoot 9:30am-11:30am & 1:30-3:30pm 8:15am Daily Chronicles - DR 9:00am Family Connections 9:15am Orchard's Helpful Tasks - DR 10:15am Scrabble - DR 1:30pm Bingo - DR 2:00pm Choir Practice - TWC 3:15pm Travelogue - TV Lounge	Cafe Open 10-11:30am & 2pm-4pm 9:15am 1:1 Walkabouts 9:30am Physio Exercises -TWC 10:00am Balloon Toss- TV L 10:00am Men's Group - Wayne Gretzky - Sp. Events Rm. 1:30pm Pet Visits 2:00pm Hangman- TV L 2:00pm Young Ones Club - Sp. Events Rm.	Cafe Open 10:00-11:30am 8:15am Daily Chronicles - DR 9:00am Family Connections 9:15am A Peaceful Escape - AR 9:30am Physio Exercises -TWC 10:30am Well Wishers group - Café 12:30pm Homemade Lunch - Group #1 - Cafe 2:00pm Java Music Group -MV AR	9:15am Bean Bag Toss - DR 10:15am Java Time - AR 1:30pm A Peaceful Escape - AR 2:00pm Old Country Music with Dick - TWC
18	19	20	21	22	23	24
Snowman Contest Begins! 9:25am 1:1 Spiritual Visit 9:45am A Peaceful Escape - TWC 11:00am Catholic Communion - TWC 2:00pm Grace Presbyterian Church-TWC 3:15pm 1:1 Nordic Chair	Cafe Open 2-4pm 10:30am A Voice Heard Around The World - Martin Luther King Day - TWC 2:00pm Old Tyme Music - GPA	Cafe Open 2-4pm 9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 12:15pm Daily Chronicles - DR 12:30pm Musical Lunch - AR 1:30pm Pet Visits 2:00pm Café Visit 2:00pm Piano Tunes at the Café 3:30pm Fun with Dice - AR 6:00pm Travelogue - Anchorage, Alaska - TV Lounge 6:30pm The Majestic Alaskan Moose - TV Lounge	Cafe Open 2-4pm Bell Let's Talk Day- Wear Blue 9:30am Exercise Class (Rec) 9:45am Bell Let's Talk Day Wellness Stations-GPA 1:15pm Walking on Wednesdays 2:00pm Choir Practice - TWC 3:15pm Bingo - DR 6:00pm Cozy Comfort Cart	Cafe Open 10-11:30am & 2pm-4pm 9:30am Physio Exercises -TWC 12:15pm Daily Chronicles - DR 1:30pm Pet Visits 1:30pm Short Story - The Backyard Ghost - TV Lounge 2:00pm Rememebering Childhood Birthday Parties - TV Lounge 3:00pm Wellness Group - TWC 6:00pm Stories from the Vinyl Cafe - TV Lounge	Cafe Open 10:00-11:30am 9:30am Physio Exercises -TWC 10:00am Java Music Group MV AR Room 12:30pm Lunch Down Memory Lane 2:00pm Snow Ball Dance with the Thames Valley Square Dancers- GPA 6:00pm Euchre - AR	2:00pm Learn About Robbie Burns - TWC
25	26	27	28	29	30	31
9:45am Snoezelen/Sensory 10:00am Word in a Word 2:00pm CornerStone Baptist Church 3:15pm 1:1 Activity Bins	Cafe Open 2-4pm 9:00am Family Connections 9:15am Orchard's Helpful Tasks - DR 9:30am Chair Yoga - AR 10:30am Drum Fit - TWC 2:00pm Outing to Tim Horton's	Cafe Open 2-4pm 9:15am 1:1 Daily Bread Readings 9:15am Wisdom and Whimsy - GPA 9:30am Physio Exercises -TWC 10:00am Stitching & Smiling- AR Outing to Wal-Mart -see Cori 1:30pm Pet Visits 2:00pm Café Visit	Cafe Open 2-4pm 8:15am Daily Chronicles - DR 9:00am Family Connections 9:15am Orchard's Helpful Tasks - DR 9:30am Men's Group - Card Games - Lobby 10:00am Bingo - DR 12:15pm Young Ones Club Lunch 2:00pm Choir Practice - TWC 2:30pm Singalong with the Soul Sisters - DR	Cafe Open 10-11:30am & 2pm-4pm 9:15am 1:1 Walkabouts 9:30am Physio Exercises -TWC 10:15am Short Stories - Mad Lib 1:30pm Pet Visits 2:00pm Java Music - MV AR 2:15pm Orchard's Very Own Jigsaw Puzzle	Cafe Open 10:00-11:30am 8:15am Daily Chronicles - DR 9:00am Family Connections 9:15am A Peaceful Escape - AR 9:30am Physio Exercises -TWC 10:15am January Pondering Prompts & Tea Time - AR 12:30pm Homemade Lunch - Group #2 - Cafe 2:00pm On the Trail of Moose Tracks Ice Cream - AR 2:30pm 1:1 Big Moose Fun	9:15am Balloon Bash - DR 10:15am Java Time - AR 1:30pm A Peaceful Escape - AR 2:00pm Horticulture Therapy with Kathy - Accessibility Garden Flowers Slideshow - TWC