

January 2026

Mapleville

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Bell Let's Talk						
4	5	6	7	8	9	10
9:45am A Peaceful Escape - TWC 10:00am Sunday Social-Café 11:00am Catholic Communion - TWC 2:00pm Emanuel Reformed Church Service-TWC 3:15pm Engagement Stations	Cafe Open 2-4pm 9:30am Exercise with Physio - DR 1:30pm Music & Memories 2:00pm Old Tyme Music - GPA 2:15pm Time With You - 1:1 Visits 6:00pm Game Show Night	Cafe Open 2-4pm 9:15am Wisdom and Whimsy - GPA 1:30pm Pet Visits 2:00pm Piano Tunes at the Café 2:30pm Travelogue to New Zealand 6:00pm Bingo 7:00pm Movie Night	Cafe Open 2-4pm 9:30am Exercise with Physio 10:30am Alzheimer's Coffee Break 10:30-11:30 - Café 10:30am Food Committee & Resident's Council - TWC 12:30pm 1:1 Lunch- AR 6:00pm Music With Traci - DR 7:00pm Cranium Crunches- AR	Cafe Open 10-11:30am & 2pm-4pm 1:30pm Exercise with Physio - TWC 1:30pm Pet Visits 2:00pm Music Entertainment	9:30am Fun Game Friday- Horse Shoes 11:00am Walking Program 2:00pm Java Music Group -MV AR 2:30pm News & Coffee Time	9:30am Alaskan Moose Story-AR 10:00am Luck in a Teacup 1:30pm Esther's Travelogue's - TWC 2:30pm Card Games
11	12	13	14	15	16	17
9:15am Spiritual Snoezelen 10:30am Sing Along MV AR 2:00pm College Ave United Church Service 2:30pm Laundry Helpers	Cafe Open 2-4pm 9:30am Exercise with Physio - DR 10:00am Matches to Matches Game 12:00pm Lunch Club with Sharon 2:00pm Café Visits 3:00pm Walk & Talks	Cafe Open 2-4pm 9:15am Wisdom and Whimsy - GPA 10:00am Travelogue to Alaska- AR 10:30am Virtual Quiz 1:30pm Pet Visits 2:00pm Bingo 3:00pm Café Visits	New Year, New Me Photoshoot 9:30am-11:30am & 1:30-3:30pm Cafe Open 2-4pm 9:30am Exercise with Physio 10:30am Helping Hands 2:00pm Choir Practice - TWC 2:00pm Crosswords & Puzzles 3:00pm Café Visit	Cafe Open 10-11:30am & 2pm-4pm 10:00am Crosswords at the Cafe 10:00am Men's Group - Wayne Gretzky - Sp. Events Rm. 1:30pm Exercise with Physio - TWC 1:30pm Pet Visits 2:00pm Young Ones Club - Sp. Events Rm. 2:30pm Who, What, Where?- AR	Cafe Open 10:00-11:30am 10:00am Crrrrazy 8's- Maple AR 11:00am Sip & Chat- Café 2:00pm Helping Hands 2:00pm Java Music Group -MV AR 2:30pm Ball Toss 3:00pm Walk N' Talk	9:30am No Bake Baking 10:00am Cards at the Cafe 2:00pm Old Country Music with Dick - TWC 3:15pm 1:1 Musical Visits
18	19	20	21	22	23	24
9:45am A Peaceful Escape - TWC 10:00am Frosty Trivia 11:00am Catholic Communion - TWC 2:00pm Grace Presbyterian Church-TWC 3:15pm Activity Bin Sorts	Cafe Open 2-4pm 9:30am Exercise with Physio - DR 10:30am A Voice Heard Around The World - Martin Luther King Day - TWC 2:00pm Old Tyme Music - GPA 6:00pm Music Appreciation 7:00pm Short Stories - 1:1 visits	Cafe Open 2-4pm 9:15am Wisdom and Whimsy - GPA 12:15pm Lunchtime Chats 1:30pm Pet Visits 2:00pm Piano Tunes at the Café 6:00pm Jeopardy	Bell Let's Talk Day- Wear Blue Cafe Open 2-4pm 9:30am Exercise with Physio 9:45am Bell Let's Talk Day Wellness Stations-GPA 1:30pm Peaceful Escape- AR 2:00pm Choir Practice - TWC 2:30pm Scrabble- AR 6:00pm Bingo	Cafe Open 10-11:30am & 2pm-4pm 12:30pm Decoration Switch 1:30pm Exercise with Physio - TWC 1:30pm Pet Visits 2:00pm Reading Group- MV AR 3:00pm Café Visits 3:00pm Wellness Group - TWC 5:45pm Trivia Night- AR Febuary planning 7-8pm	Cafe Open 10:00-11:30am 10:00am Java Music Group MV AR Room 2:00pm Snow Ball Dance with the Thames Valley Square Dancers- GPA 6:00pm What's In The News? 6:30pm Evening Readings & Devotions	2:00pm Learn About Robbie Burns - TWC
25	26	27	28	29	30	31
2:00pm CornerStone Baptist Church	Cafe Open 2-4pm 9:30am Exercise with Physio - DR 10:00am Country Virtual Concert 10:30am Spiritual Readings 1:1 2:00pm Nifty Nails 3:00pm Walk & Talks	Cafe Open 2-4pm 9:15am Wisdom and Whimsy - GPA 9:30am Sing-A-Long 10:30am Mindful Colouring Outing to Wal-Mart -see Cori 1:30pm Pet Visits 2:00pm Piano Tunes at the Café 2:00pm Travel to Turkey- AR	Cafe Open 2-4pm 8:15am 1:1 Jokes and Riddles - DR 9:30am Exercise with Physio 9:30am Men's Group - Card Games -2:00pm Java Music - MV AR 10:15am Bingo - DR 12:15pm Young Ones Club Lunch 2:00pm Café Visit 2:00pm Choir Practice - TWC	Cafe Open 10-11:30am & 2pm-4pm 1:30pm Exercise with Physio - TWC 1:30pm Pet Visits 2:00pm Java Music - MV AR	Cafe Open 10:00-11:30am 8:30am Morning Stories Tim Hortons Trip 2:00pm Talk and Toss 2:30pm Chair Yoga 3:00pm Sensory Kits	8:15am 1:1 Coffee & Chats- DR 10:00am Flower Trivia 2:00pm Horticulture Therapy with Kathy - Accessibility Garden Flowers Slideshow - TWC 3:00pm Walkabouts

For any questions or inquires please contact Recreation at 519-421-5556 ext. 2069.