

# Family Transition Program Woodingford Lodge

Please complete and return this form  
by fax to **519.533.0781** or online referral at: **familytransitions@oxfordcounty.ca**

To be eligible for Family Transitions Program, participants must have Ontario health coverage,  
not reside in long-term care.

## Participant Information

Is the participant aware of the referral? Yes No

Participant first name:

Participant last name:

Preferred name:

Marital status:

Date of birth (mm/dd/yyyy):

Health card number:

Gender: Male Female Other

Preferred Pronouns:

Preferred language: English French Other:

Bilingual: Yes No

Francophone: Yes No

Identifies as Indigenous: Yes No Prefer not to disclose

Address:

City:

Postal code:

Phone (home):

Phone (cell):

Email:

## Contact Person (Who should we contact regarding this referral)

Contact participant directly: Yes No If 'No', please complete fields below

Contact first name:

Contact last name:

Phone (home):

Phone (cell):

Email:

Relationship to participant (Spouse, power of attorney, etc.):

## Referring Agency Information

Referring agency name:

Agency contact name:

Agency phone number:

Hospital discharge date (If Applicable) (mm/dd/yyyy):

Does the participant have a coordinated care plan? Yes No

## Check Program(s) Referred to

### Transitional Day Program

Daily respite for caregivers

Located within Woodingford Lodge, this program is designed for community members awaiting long-term care placement. It offers therapeutic, supervised programming in a safe and inclusive environment, providing respite for caregivers Monday to Friday, 9:00 a.m. to 3:00 p.m.

*Activities include:*

- Functional fitness and wellness programs.
- Personal care services like bathing/showering, shaving, are provided by our trained team members
- Services including hairdressing, dental and optometry clinics
- Nutritious snacks and lunches.
- Arts, crafts, outdoor programs, and music therapy.
- Educational and interactive games.
- Cognitive and mood assessments.

### Family Transition Program

**Caregivers must accompany participants during visits to ensure a smooth and supportive experience.** This program allows participants to familiarize themselves with the care and services offered at Woodingford Lodge while maintaining a strong connection with their caregivers.

*Program features access to:*

- Recreational activities tailored by our recreation team.
- Personal care services, including bathing/showering, shaving, are provided by our trained team members
- Services including hairdressing, dental and optometry clinics
- Nutritious meals in our welcoming dining rooms.
- Caregiver support services, including education and guidance.
- Cognitive and mood assessments.

### Caregiver Support

Caregivers can access peer-led support groups, weekly

- Guest speakers
- Dementia strategies
- Care-planning resources

Our team provides essential tools to reduce stress and help families cope at home while planning for the transition to long-term care.

***Some services may include applicable fees***

## Reason(s) for Referral

Check all that apply:

Cognitive decline

Hospital discharge

Health care support

Instrumental activities of  
daily living (IADLs) ex. Meal  
preparation, chores, bill  
payments

Activities of daily living (ADLs)  
ex. Bathing, toileting, dressing

Mental health

Wellness education

Exercise

Social engagement

Isolated/limited support

Mobility

Caregiver stress

Information/resources

Financial concerns

Transitional support

Substance use support

Other:

Provide details regarding the reason for referral chosen:

## Other Services

List any other services participant is currently receiving:

Is participant on Long-Term Care waitlist?      Yes      No

