

March 2026

Tillsonburg Program Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|--|---|
| 1 9:30am Chair Yoga 10:30am Let's Travel to London, England 1:30pm Spiritual Service with Dave Marten 2:30pm Mandela's and Mindfulness | 2 9:30am Coffee & Chats 10:00am Catholic Communion 10:30am Trivia Time 1:45pm Bingo 3:00pm Plant Care | 3 9:30am It Takes A Town: Short Story 10:00am Fitness with Physio 10:30am Shuffle Board 1:45pm Euchre Club 3:00pm Reading Circle | 4 9:30am Mother Goose Program 10:00am Fitness with Physio 1:30pm Craft Time 2:30pm Snoezelen Hour | 5 9:30am Memory Café & Coffee 10:45am Story Time with Marlene | 6 10:00am Fitness with Physio 2:00pm Ez Does it Trivia! 3:00pm Watering the Flowers 5:45pm Let's Bake Peanut Butter Swirl Soft Cookies 7:00pm Walks & Talks | 7 9:30am Courtyard Visits/Walks Outside 10:30am Saturday Social 1:30pm Euchre Club 3:00pm Snoezelen Time |
| 8 International Women's Day 9:30am Women's Footprint Around the World 10:30am Spiritual Service 2:00pm Java Music Club 3:00pm Afternoon Chores | 9 Hairdresser is in! 1:45pm Bingo 3:00pm Creative Colouring 6:00pm Game of Life | 10 10:00am Fitness with Physio 1:45pm Euchre Club 2:00pm Melody Makers 3:00pm 1:1 Strolls | 11 9:30am Mother Goose Program 10:00am Fitness with Physio 10:30am Food Committee & Resident's Council 10:30am Resident's Food & Council Meeting 1:45pm Art Group | 12 10:45am Story Time with Marlene 2:00pm Residents' Monthly Meeting 6:00pm Movie Night | 13 10:00am Fitness with Physio 1:45pm Music & Movement 3:00pm March Word Puzzles 6:00pm Men's Group | 14 10:00am Music with 1962 11:00am Indoor Strolls 1:30pm Euchre Club 2:45pm Pampered Hands |
| 15 Movie in PJs 9:30am Movie Time 1:30pm Spiritual Service with Dave Marten 2:30pm Memory Café | 16 9:30am Daily News & Discussions 10:30am Fun With The Children 1:45pm Bingo 3:00pm Walk & Talk | 17 St Patrick's Day 9:30am Lets Read Tales of the Irish 10:00am Fitness with Physio 12:00pm Swiss Chalet Order in Meal (Sign Up With Rec) 1:45pm Euchre Club 2:45pm Engagement Bins | 18 9:30am Mother Goose Program 10:00am Fitness with Physio 1:45pm Axe Throwing 2:30pm Snoezelen Hour | 19 9:30am Shopping Trip 10:45am Story Time with Marlene 3:00pm Catholic Mass | 20 International Day of Happiness 10:00am Fitness with Physio 1:45pm Jeopardy 3:00pm Reminisce: Honey-Do Lists 5:45pm Let's Make Happiness Jars | 21 World Poetry Day 10:00am Tunes with Traci & Resident's Birthday Party 1:30pm Euchre Club 3:00pm Poetry Reading |
| 22 9:30am Daily Chronicle 10:30am Spiritual Service 2:00pm Java Music Club 3:00pm Afternoon Chores | 23 Hairdresser is in! 1:45pm Bingo 3:00pm Travel Around the World 6:00pm Woodworking Club | 24 10:00am Fitness with Physio 11:30am Cooking Club-Grilled Cheese and Soup (Sign up with Rec) 1:45pm Euchre Club | 25 9:30am Mother Goose Program 10:00am Fitness with Physio 10:45am Curling 1:45pm Art Group 2:45pm Decorating for April | 26 10:45am Story Time with Marlene 1:45pm Dart Throwing 2:45pm Snoezelen Time 6:00pm Music with John | 27 Blue Jays Home Opening 10:00am Fitness with Physio 1:45pm Music & Movement 6:00pm Blue Jays Opening Game | 28 9:30am Hymn Sing 10:30am Coffee and Chats 1:30pm Euchre Club 2:45pm Comedy Show Time |
| 29 9:30am Balloon Tennis 10:30am Creative Colouring 1:30pm Spiritual Service with Dave Marten 2:30pm Chip Chat Social | 30 9:30am National Geographic 10:30am Word in Word 1:45pm Bingo 3:00pm Easter Decorations | 31 9:30am Calendar Visits 10:00am Fitness with Physio 1:45pm Euchre Club 3:00pm Reading Circle |  |  |  |  |

Please contact the Recreation Department with any recreation related questions at extension 2209