

## January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>Bell Let's Talk</b>				1 <b>Cafe Open 10-11:30am &amp; 2pm-4pm</b> 1:30pm Pet Visits <b>2:00pm Music Entertainment</b> 6:00pm Creative Writing 7:00pm Cozy Corner - 1:1 Visits	2 1:45pm Physio Exercises Polar Bear Plunge Game Snoezelen Room Antler Match-Up Evening Readings & Devotions	3 9:30am Engagement Stations 10:30am Big Fun: Jokes and Puns <b>1:30pm Esther's Travelogue's - TWC</b> 3:00pm Match the Phrase
4 Hymn Sing 10:00am Sunday Social-Café 11:00am Catholic Communion - TWC 2:00pm Emanuel Reformed Church Service-TWC	5 <b>Cafe Open 2-4pm</b> Collect 4 Card Game Java Time <b>2:00pm Old Tyme Music - GPA</b> Snoezelen Room	6 9:15am <b>Wisdom and Whimsy - GPA</b> Exercise Class - Lets Get Moving 1:30pm Pet Visits <b>1:45pm Physio Exercises</b> EZ Baking - Coffee Break Cookies <b>2:00pm Piano Tunes at the Café</b>	7 10:30am Alzheimer's Coffee Break <b>10:30-11:30 - Café</b> 10:30am Pet Visits <b>1:45pm Physio Exercises</b> Music Trivia Sensational Sounds	8 <b>Cafe Open 10-11:30am &amp; 2pm-4pm</b> Picture Bingo 10:30am Guess The Mystery Place 1:30pm Pet Visits 1:45pm Dutch Club - Orchard AR Memory Café 3:00pm Catholic Mass - TWC	9 <b>Cafe Open 10:00-11:30am</b> 1:45pm Physio Exercises Travelogue : Alaska Spiritual Snoezelen Room 6:00pm Active Games	10 Manicures Lucky Strike Video Story 2:00pm Kindness In Action: Baking with Olivia- Cafe Saturday Soical
11 Hymn Sing Spiritual Devotions Snoezelen Room 2:00pm College Ave United Church Service	12 Morning Chores Java Time Moose Cookies Snoezelen Room	13 9:15am <b>Wisdom and Whimsy - GPA</b> 10:30am Virtual Quiz 1:30pm Pet Visits <b>1:45pm Physio Exercises</b> Name that Tune Reading Group	14 <b>New Year, New Me Photoshoot</b> 9:30am-11:30am & 1:30-3:30pm 10:30am Pet Visits <b>1:45pm Physio Exercises</b> <b>2:00pm Choir Practice - TWC</b> 2:00pm Memory Café Exercise Class - Seated Disco	15 <b>Cafe Open 10-11:30am &amp; 2pm-4pm</b> 10:00am Men's Group - Wayne Gretzky - Sp. Events Rm. 1:30pm Pet Visits Table Top Hockey <b>2:00pm Young Ones Club - Sp. Events Rm.</b> Snoezelen Room Colour Me Calm	16 <b>Cafe Open 10:00-11:30am</b> 1:45pm Physio Exercises Painting Snoezelen Room Karaoke Night	17 Can You Picture This? "A Walk In the Park" <b>2:00pm Old Country Music with Dick - TWC</b>
18 Hymn Sing Engagment Stations 11:00am Catholic Communion - TWC 2:00pm Grace Presbyterian Church- TWC Snowman Building	19 Nurture Therapy 10:30am A Voice Heard Around The World: Martin Luther King Day Java Time <b>2:00pm Old Tyme Music - GPA</b> Snoezelen Room	20 9:15am <b>Wisdom and Whimsy - GPA</b> <b>10:30am Music with Traci Kennedy</b> 1:30pm Pet Visits <b>1:45pm Physio Exercises</b> <b>2:00pm Piano Tunes at the Café</b>	21 <b>Bell Let's Talk Day- Wear Blue</b> 9:45am Bell Let's Talk Day Wellness Stations-GPA 10:30am Pet Visits <b>1:45pm Physio Exercises</b> <b>2:00pm Choir Practice - TWC</b> Puzzles and Ponderings Evening Readings & Devotions	22 <b>Cafe Open 10-11:30am &amp; 2pm-4pm</b> Trivia Nurture Therapy 1:30pm Pet Visits Exercise Class - Drum Fit	23 <b>Cafe Open 10:00-11:30am</b> 1:45pm Physio Exercises <b>2:00pm Snow Ball Dance with the Thames Valley Square Dancers- GPA</b> Spiritual Snoezelen Room Bowling Tournament - Acti	24 Men's Group: The Ice King Wayne Gretzky <b>2:00pm Learn About Robbie Burns - TWC</b> Snoezelen Room
25 Spiritual Colouring Spiritual Mediatation/Guided Imagery 2:00pm CornerStone Baptist Church Snoezelen Room	26 Pampered Hand Visits Active Games Café Visits Snoezelen Room	27 9:15am <b>Wisdom and Whimsy - GPA</b> <b>Outing to Wal-Mart -see Cori</b> 1:30pm Pet Visits <b>1:45pm Physio Exercises</b> <b>2:00pm Piano Tunes at the Café</b> Pub Night & Games	28 9:30am <b>Men's Group - Card Games - Lobby</b> 10:30am Pet Visits <b>12:15pm Young Ones Club Lunch</b> <b>1:45pm Physio Exercises</b> No Bake Baking <b>2:00pm Choir Practice - TWC</b> Coffee & Treats Exercise Class - Chair Yoga	29 <b>Cafe Open 10-11:30am &amp; 2pm-4pm</b> 1:30pm Pet Visits Active Games Java Time	30 <b>Cafe Open 10:00-11:30am</b> 1:45pm Physio Exercises 2:00pm Memory Café Snoezelen Room Movie Night	31 9:30am All About Jackie Robinson 10:30am Baseball Balloon Bash <b>2:00pm Horticulture Therapy with Kathy - Accessibility Garden Flowers Slideshow - TWC</b> 2:30pm History of Hot Chocolate

Acti - Activity Room