

# February 2023

## Tillsonburg Program Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 10:00am Balance & Strength 10:30am And Now You Know! Useless Facts	<b>2</b> 10:00am Happy Groundhog Day! Guess the Shadow! 10:30am Baking Class - Cherry Kiss Cake 2:30pm Taste Testing - Let's See How We Did	<b>3</b> 10:00am Exercises with Physio 10:30am Resident's Council 1:15pm Peaceful Escape 1:1	<b>4</b> <b>10:30am "1962"</b>
<b>5</b> 10:00am Spiritual Care Cedarcrest 10:30am Catholic Mass Rec Room	<b>6</b> 10:00am Catholic Communion 2:30pm Bingo Front Lobby 5:45pm Short Stories	<b>7</b> 10:00am Stretch & Strength 10:30am Food Committee Meeting 3:30pm Renri Day 6:45pm Theater Trip "Halfway There"	<b>8</b> 10:00am Balance & Strength 10:30am Love Is In The Air 2:00pm Euchre	<b>9</b> <b>10:30am Toni-Joy</b> 2:30pm Virtual Trivia Game	<b>10</b> 10:00am Exercises with Physio 10:30am Creative Imaginations 1:15pm Tea for Two	<b>11</b> 10:00am Nifty Nails - Polish and Lotion
<b>12</b>	<b>13</b> 11:30am Ladder Ball 2:30pm Bingo Front Lobby 3:30pm Blue Bonnet Babes 5:45pm Scrabble	<b>14</b> 10:00am Stretch & Strength 2:30pm Sweet Heart Social 5:45pm Peaceful Escape	<b>15</b> 10:00am Balance & Strength <b>10:30am Karen on Piano</b> 1:30pm Gadgets and Gizmos	<b>16</b> 10:00am Baking Class - No Bake Lemon Pie 2:30pm Taste Testing - Let's See How We Did 3:00pm Catholic Mass	<b>17</b> <b>Random Act of Kindness Day</b> <b>Wear Pink Today</b> 10:00am Exercises with Physio <b>10:30am Piano Man -Jon Daley</b> 1:15pm Euchre	<b>18</b> 10:00am Windowsill Whimsy
<b>19</b> 10:00am Spiritual Care Cedarcrest 10:30am Catholic Mass Rec Room	<b>20</b> 2:30pm Bingo Front Lobby 5:45pm Time Together - Just You and Me	<b>21</b> 10:00am Stretch & Strength 11:30am 1:1 Emotional Visit 2:00pm Euchre 5:45pm Scrabble	<b>22</b> 10:00am Balance & Strength 10:30am Triple Word Treat <b>1:30pm Jim &amp; Bob Happy Birthday February</b>	<b>23</b> 10:30am Magic of Toys 2:30pm Laughter Yoga 2:45pm Guided Meditation	<b>24</b> 10:00am Exercises with Physio 10:30am Tortilla Day Social 1:15pm Reminisce You & Me	<b>25</b> 10:00am Hot Chocolate Social
<b>26</b>	<b>27</b> 11:30am Bean Bag Toss 2:30pm Bingo Front Lobby 5:45pm Scrabble	<b>28</b> 10:00am Stretch & Strength 2:00pm Euchre 5:45pm Peaceful Escape				