

January 2023

Please contact Recreation Staff at 519-421-5556 ext.# 2067 for any questions or concerns

ORCHARD LANE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 I love January! Sledding, skiing, ice-skating, Hot chocolate when you are done! J-A-N-U-A-R-Y First month of the year 31 days of snowy fun A New Year has begun!	3 9:30am Exercises with Physio 5:30-6:30 Pet Therapy	4	5 9:30am Exercises with Physio 10:00am Manicures 2:00pm Entertainment with Cameron Denomme in the Dining Room	6 Recreation Staff Meeting	7
8 10:00-11:00 Pet Therapy	9 Cleaning Up Christmas 2:00pm Old Tyme Music Band in the Dining Room	10 9:30am Exercises with Physio Cleaning Up Christmas 2:00pm New Year, New Ideas - what would you like? 5:30-6:30 Pet Therapy	11	12 9:30am Exercises with Physio	13 Kindness is like Snow - It beautifes everything it covers.	14 10:00am Bingo 2:00pm Lets Get crafty - Chinese New Year
15 10:00-11:00 Pet Therapy 10:00am Spiritual Snozelen Hour - Chapel 2:45pm Church Service St.David's Church with Rev.Jeff Smith-	16	17 9:30am Exercises with Physio 5:30-6:30 Pet Therapy	18 10:00am Resident's Council - CHAP 10:45am Food Committee Meeting - CHAP	19 9:30am Exercises with Physio 2:00pm Entertainment with Kim Atkins in the Dining Room 5:45pm sweets and smiles	20 2:00pm Entertainment with Tom Melady in the Dining Room 5:45pm Travelogue	21
22 10:00-11:00 Pet Therapy	23 10:00am Are you a rabbit? 2:00pm You Tube: Chinese New Year Lion Dance of Poles 2:30pm Chinese New Year Trivia	24 9:30am Exercises with Physio 10:00am Cafe Cart Visits 2:00pm You Tube: Chinese New Year Lantern Festival 2:30pm 15 Day Celebration of Chinese New Year 5:30-6:30 Pet Therapy	25 	26 9:30am Exercises with Physio	27 As you go out When it is snowing And look up on the sky, You feel lots of icy kisses As the snowflakes Flutter by.	28 10:00am Chinese New Year Bingo 2:00pm Baking with Jen
29 10:00-11:00 Pet Therapy 10:00am Spiritual Snozelen Hour - Chapel 2:00pm Spiritual Hour - Chapel	30	31 9:30am Exercises with Physio 5:30-6:30 Pet Therapy				

CHAP - Chapel