



January 2023

APPLEGROVE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Bread Machine Baking 10:00am Chinese New Year Trivia 2:00pm Afternoon Social 	2 9:30am Walking Group 10:30am Manicures 2:00pm Old Tyme Music Band in the Dining Room	3 9:30am Excercises with Physio 9:30am Walking Group 10:30am Are You a Rabbit? 11:00am You Tube: Chinese New Year Lion Dance of Poles 1:30pm Manicures 5:30-6:30 Pet Therapy	4 9:30am Walking Group 10:30am Ladder Ball 1:30pm Cleaning up Christmas	5 9:30am Excercises with Physio	6 <i>Recreation Staff Meeting</i>	7 10:00am Bingo in the Dining Room 2:00pm Cafe Cart Visits
8 10:00-11:00 Pet Therapy 10:00am Spiritual Snoezelen in the Chapel 1:30pm Bible Stories	9	10 9:30am Excercises with Physio 5:30-6:30 Pet Therapy	11 1:30pm Walking Group 2:30pm Scrabble 5:30pm News and Views	12 9:30am Excercises with Physio 1:30pm Walking Group 2:30pm Painting 5:30pm Short Stories	13 Kindness is like Snow - It beautifes everything it covers. 1:30pm Bingo in the Dining Room 3:00pm Walking Group 5:30pm Cocktail Cart	14
15 10:00-11:00 Pet Therapy	16 10:00am HeyGo Travelogue 1:30pm Bean Bag Toss	17 9:30am Excercises with Physio 9:30am Walking Group 10:30am Montessori Visits 2:00pm Entertainment with Kim Atkins in the Dining Room 5:30-6:30 Pet Therapy	18 9:30am Walking Group 10:00am Resident's Council - CHAP 10:30am Giant Crossword Puzzle 10:45am Food Committee Meeting - CHAP 1:30pm Create a Fortune for Chinese New Year	19 9:30am Excercises with Physio	20 JANUARY  GARNET	21 10:00am Bingo in the Dining Room 2:00pm Ice Cream Cart Visits
22 10:00-11:00 Pet Therapy 10:00am Spiritual Snoezelen in the Chapel 1:30pm Joanne's You Tube Hymn Sing	23	24 9:30am Excercises with Physio 5:30-6:30 Pet Therapy	25 1:30pm Bingo in the Dining Room 5:30pm You Tube: Chinese New Year Lantern Festival 6:00pm 15 Day Celebration of Chinese New Year	26 9:30am Excercises with Physio 2:00pm Entertainment with Tom Melady in the Dining Room 5:30pm Walking Group	27 2:00pm Entertainment with Cameron Denomme in the Dining Room 5:30pm Walking Group	28
29 10:00-11:00 Pet Therapy	30 9:30am Walking Group 10:15am Coffee in the Activity Room 10:30am News and Views 1:30pm Cards	31 9:30am Excercises with Physio 9:30am Walking Group 10:30am Board Games 1:30pm Horse Shoes 5:30-6:30 Pet Therapy				