

Rose as Red...

The tradition of giving Valentine's Day flowers dates back to the reign of King Charles II of Sweden, in the late 17th century. While on a trip to Persia, he learned about a new fad known as "The Language of Flowers" in which certain flowers and colours represented feelings and emotions that could be expressed without using words. As you may have guessed, the red rose symbolized deep love!!!

This Valentine's Day, give, someone special, the gift of a handmade flower:

Coffee Filter Rose

You will need:

3 coffee filters

Red paint (water colours work well or you could use acrylic paint that's been watered down)

Green pipe cleaner

Instructions:

Trim 2 of the coffee filters so that you have three different sizes. Paint and then let dry. Once dry, fit the smaller two filters into the largest. Open out into a cone shape and then twist the bottom to form a point. Next, wrap the green pipe cleaner around the bottom of the filters to hold them together. Then leave the rest of the pipe cleaner loose to form the flower stem.

Note: the leftover trimmings of coffee filter can be painted green and shaped as leaves that can be adhered to the stem using tape (green painter's tape works well!).

