

Woodingford Lodge Resident and Family Newsletter

December 2011

Christmas Time

It is that wonderful time of year again where we celebrate the awe-inspiring season of Christmas. It is an opportune time to spend quality time with family, friends and neighbors and celebrate together the blessings of Christmas present and Christmases past.

At this time of year many of us struggle to find that perfect gift for our loved ones. I have asked the staff to provide me with some suggestions of gifts that would be welcome and practical for residents who live in Long Term Care. Some suggestions that I received are hairdressing gift certificates, meal tickets for resident to have on hand for unexpected guests, aromatherapy sessions, massage therapy, manicure gift certificate, for those in wheel chairs a "wheel chair housecoat" and of course nice moisturizing lotion is always of use. For other clothing needs or suggestions, please ask the staff who work on the home area of your loved one, as they are the ones who know best.

We strongly discourage any kind of talcum powder due to the health and safety risks associated with powder ending up on the floor and causing slips and falls of residents and/or staff. A reminder that bars of soap are not acceptable for infection control reasons.

Parking in Woodstock

We continue to monitor parking at the Woodstock site, so please ensure that you register your license plate number whenever you visit. We will be calling the City and asking them to ticket any vehicles whose license plate has not been registered. The fine is \$35.00. Although it might seem like a bit of an inconvenience to register your license plate number, please remember that we are doing this to try and provide as many parking spaces as possible for those who visit our residents.

Thank You

I would like to thank the staff, residents and families for their continued patience with all the construction activities. Everyone has been extremely understanding of the work going on and the inconveniences as a result of it.

Mark Stegmann
Environmental Services Supervisor

Trust Accounts

A number of our residents enjoy participating in shopping excursions and special events where they may require monies to do so. Family members are asked to maintain a close watch on resident trust accounts to ensure that funds are available for these functions.

From the Recreation Department

Tena Survey - Thank You

I would like to thank everyone who took time out of their busy schedule to complete the Tena Survey; your input is very valuable in assisting us to make the best choice possible.

Long Term Care and the Media

I'm sure that many of you have been just as appalled as I have been by the recent media reports of elder abuse in Canadian nursing homes. Placing a loved one in a nursing home is a difficult decision at any time, but especially in light of these news reports. However, I want to assure both the residents and family members of Woodingford Lodge, that we maintain a zero tolerance for resident abuse, and that you have made the right decision by choosing our home. We always strive to ensure the well being and safety of the residents in our homes and will continue to do so. *Your input is valuable* in helping us to maintain our goal of providing respectful resident centered care.

Booking the Common Areas at Woodingford

Woodingford Lodge space can be made available for family arranged gatherings involving resident birthdays, anniversaries and reunions. Commencing January 1, 2012 the Woodstock site will be initiating a new set of guidelines for use of the General Purpose Area, Special Events Room and Rec Room/Central Courtyard. For those family having residents in the Ingersoll and Tillsonburg facilities, please check with staff at those locations for space utilization guidelines.

Woodingford Lodge Woodstock Guidelines for Use of the General Purpose Area, Special Events Room, Rec Room/Central Courtyard

1. Room bookings require a deposit of \$100.00 which will be returned at the end the first business day following the function providing the room and any electronics/appliances utilized are left in good order.
2. Groups will be responsible for their own set up of the location. In consideration of other scheduled programs, it is important that the space be returned to its original condition. Failure to do so will result in loss of deposit.
3. The group is required to remain in the room reserved. Children are to be supervised.
4. Small lunch type gatherings are to include the resident and family members only.
5. Public washrooms on the main floor are located in the corridor adjacent to the General Purpose Area. A washroom is located in the Rec Room for those groups booking the Rec Room/Central Courtyard area.
6. Wet boots are to be removed at the front entrance of the Lodge.
7. A coat rack is located in the General Purpose Area.
8. All food, beverages, silverware, cups, plates etc. will be the responsibility of the reserving party. The Dietary Department is not able to provide forgotten or additional supplies.

9. Woodingford Lodge does not provide any coffee pots or kettles.
10. The refrigerators in both the Special Events Room and Rec Room may be utilized during the period of time either room is booked. No food or drink items are to be left behind.
11. Groups utilizing the barbecue in the central courtyard are required to provide their own barbecue tools. A barbecue brush will be supplied for cleaning the grill after use.
12. The barbecue and stove in the Special Events Room are **never** to be left unattended.
13. Groups are required to clean up after spills.
14. Alcoholic beverages are not allowed on the premises and smoking is to be conducted thirty (30) feet from any entrance.
15. The parties will be responsible for their own entertainment, games, etc.
16. Candles are not allowed anywhere on the Lodge premises.

Please be aware that your reservation may be cancelled should Woodingford Lodge be declared in outbreak. At such time the Lodge adheres to Board of Health directives in relation to activities and programs

*“Christmas gift suggestions:
To your enemy, forgiveness.
To an opponent, tolerance.
To a friend, your heart.
To a customer, service.
To all, charity.
To every child, a good example.
To yourself, respect.” - Oren Arnold*